

Pediatric Gastroenterology Associates
2577 Samaritan Drive, Suite 815
San Jose, CA 95124
(408) 358-3573

Your Child's Endoscopy

The procedure will be performed at the *Children Surgery Center in Good Samaritan Hospital* (408-559-2011). You will be asked to arrive at the Children Surgery Center *1 hour ahead* of your scheduled time.

Procedure Day

The Anesthesiologist might call you at home in the evening of the day before the procedure to answer all your questions and concerns.

Your child should have *nothing to eat or drink* after midnight on the day of the procedure.

It is a good idea to bring your child's favorite toy, blanket or book as a source of comfort, as well as any medication your child takes.

In the hour ahead the procedure, you will do the registration, your child will be assessed by a nurse and you will meet the anesthesiologist.

After the procedure, your child will be taken to Children's Recovery Room where you will be invited to stay with him/her.

After the Procedure

At home, your child may participate in quiet, supervised activities, such as reading and watching TV.

It is not uncommon for children to take frequent naps after sedation/anesthesia.

Start the diet first with clear liquids such as juice, soda and Pedialyte. If these are tolerated, resume regular diet. Some children experience nausea and vomiting.

Do not be alarmed if you notice flecks of blood in vomit. This is due to the biopsies and should resolve over the next 24 hours.

Your child may experience a slight sore throat after the procedure. This should pass quickly. Cold beverages or throat lozenges may be helpful.

Depending on how your child is feeling, he/she may resume his/her activities and return to school on the following day.

Call us at 408-358-3573 for persisting vomiting, bleeding, abdominal pain, fever, respiratory difficulty or any other concerns.