

Endoscopy Instructions

Location

- Center for Children's Surgery at Good Samaritan Hospital (408) 559-2157
- Silicon Valley Surgery Center (408) 402-0663
- Operating Room at Sutter Tracy Hospital (209) 833-2311
- Lucile Packard Children's Hospital at Stanford (650) 736-7359

*Please arrive **1.5 hours before** your scheduled procedure time.

*The Anesthesiologist may call you at home the evening before the procedure to answer all questions and concerns and to obtain additional health information about the patient.

*Your child must be accompanied by a **Legal Guardian** to obtain consents for the procedure.

Day Before the Procedure

STOP all Solid Foods by 8:00 p.m. Clear liquids only until midnight.

Nothing to eat or drink after midnight on the night before the procedure. Eating or drinking **anything** may result in **cancellation** of your procedure.

Procedure Day

*It is a good idea to bring your child's favorite toy or blanket as a source of comfort, as well as any medication your child takes.

*In the hour prior to the procedure, you will register, your child will be assessed by a nurse, and you will meet the anesthesiologist.

*After the procedure, your child will be taken to Children's Recovery Room where you will be invited to stay with him/her until discharge home.

After the Procedure

*At home, your child may participate in quiet, supervised activities, such as reading and watching TV.

*It is not uncommon for children to take frequent naps after sedation/anesthesia.

*Start the diet first with clear liquids. If these are tolerated, resume regular diet. Some children experience nausea and vomiting.

*Do not be alarmed if you notice a small amount of blood in your child's stool. This is due to the biopsies and should resolve over the next 24 hours.

*Some abdominal discomfort (gassiness) and distention may occur following the procedure but should pass.

*Depending on how your child is feeling, he/she may resume his/her activities and return to school on the following day.

*Call us at **408-358-3573** for persisting vomiting, bleeding, abdominal pain, fever, respiratory difficulty or any other concern.