

Liver Biopsy Instructions

Location

- Center for Children's Surgery at Good Samaritan Hospital (408) 559-2157
- Radiology Suite at Good Samaritan Hospital

- Please arrive **1.5 hours before** your scheduled procedure time.
- If the procedure involves general anesthesia, the anesthesiologist may call you at home the evening before the procedure to answer questions and to obtain additional health information about the patient.
- If the procedure involves conscious sedation ("twilight"), your doctor will talk to you about it when scheduling the procedure and the day of the procedure.
- Your child must be accompanied by a **Legal Guardian** to obtain consents for the procedure

Preparation for the Procedure

- In most circumstances bloodwork must be done **no more than 3 days before** the procedure. This **bloodwork should be done at Good Samaritan Hospital. Results are valid only for 3 days.** This ensures your blood clots properly.
- One week before the procedure, stop taking aspirin, ibuprofen, Plavix, and other anticoagulants.
- A hospital or office representative will give you specific eating and drinking instructions for your child based on your child's age. The following instructions are the usual instructions given for eating and drinking. No matter what age your child is, you should follow the specific instructions given to you on the phone by the nurse.

For children older than 12 months: After midnight the night before the test, do not give any solid food or non-clear liquids. That includes milk, formula, juices with pulp, chewing gum or candy.

For infants under 12 months: Up to 6 hours before the scheduled arrival time, babies may be given formula or breast milk.

- Your child's procedure will be cancelled if these instructions are not followed.

After the Procedure

- Once your child is able to tolerate clear liquids, your child may resume normal eating and drinking at the rate he or she is comfortable.
- A blood test will be obtained 1-2 times after the procedure to ensure there are no signs of bleeding.
- For the first 8 hours after the procedure, try to remain lying on the right side.
- Your child should take it easy for the rest of the day.
- Your doctor will advise you on what pain medications are appropriate.
- The day after the biopsy, your child may resume daily activities and return to school, but should not participate in any athletic or strenuous activity. Athletic activities can be resumed 5 days after the biopsy.
- If your child develops persistent pain in the belly or chest; vomiting; pale skin, weakness or dizziness; bleeding from the site of the biopsy; or passes any black, tar-like stools, call 408-358-3573 for immediate attention.